Medical Dietary Request Form - Primary School

Please complete the overleaf form for any pupil wishing to have a school dinner who has a medically backed allergen request.

There are 14 major allergens that we legally support, but do on occasion realise that children have allergens that sit outside of these.

Please only complete the form overleaf if a child has a medically backed allergen.

Medical diets are a very important part of our catering provision in schools. Allergen procedures are essential to ensure that the needs of individual pupils can be safely met. To ensure we offer the best possible service to our pupils and families, Mellors Catering Services have individual menu plans in place for all pupils who have an allergy or intolerance.

In Primary education sites, **it is essential that the school notify us of pupils who have allergens.** A whole school approach must be taken when catering for pupils with food allergens and **the school have a duty of care to identify pupils to us** so that we can safely provide a meal.

Once we have been notified, a menu plan can be created and passed to the school and used within the kitchen.

Important information:

Please note we cannot 100% guarantee that our medical dietary needs menus are free from all allergens or traces of allergens.
Our kitchen is used for multi-purpose food preparation and whilst we do have robust kitchen practices in place there may still be a small risk of cross-contamination and we cannot completely guarantee 'free from'.
If you are notified by a parent that a child has an airborne or high risk allergen, Mellors Company Nutritionist can support. Please notify the kitchen who can contact the central team.

Diabetes - Carbohydrate Counting

Mellors Catering Services will provide support for pupils with diabetes to enable them to eat a school meal at lunchtime with their friends.

At Mellors we like to treat each school individually, acknowledging that all schools, pupils and staff are different. The Nutrition and Food Development team produce a menu and recipe pack for our catering managers to use as a framework to create their own menus.

All of the recipes within the pack have been nutritionally analysed and is available upon request from your catering manager, for you to pass to parents.

Medical Dietary Request Form - Primary School

This must be completed by the school once a medical diet request has been made by a parent/guardian.
Please only complete the form if the child has a medically backed allergen.

Checklist

- ☐ Complete this form
- ☐ Include a recent photo of the child (unless school already have one)

Full Name	
Date of Birth	

Allergy / Intolerance Information

Checklist

- ☐ Celery
- ☐ Cereals containing gluten
- ☐ Crustaceans
- ☐ Eggs
- ☐ Fish
- ☐ Lupin
- ☐ Milk
- ☐ Molluscs
- ☐ Mustard
- ☐ Nuts
- ☐ Peanuts
- ☐ Sesame Seeds
- ☐ Soya
- ☐ Sulphur Dioxide

Other:	

Signed by school
Name / Signature: Date:

Signed by Catering Manager
Name / Signature: Date:

Review date (if required)	