

# Spring / Summer Menu Week 3 ST PETERS

**Eativerse**  
A UNIVERSE OF FOOD AND DRINK

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
<b>Main Meal Option</b>	Burger with Potato Wedges 	Sweet & Sour Chicken with Yellow Rice 	Gammon, Gravy, Stuffing & Roast Potatoes	Margherita Pizza with Pasta Salad 	Fish Fingers & Chips 
<b>Vegetarian Option</b>	Vegetable Burger with Potato Wedges 	Pasta Twists in a Tomato & Basil Sauce 	Quorn Grill, Gravy, Stuffing & Roast Potatoes 	Pasta In Sauce 	Cheese & Onion Roll with Chips & Ketchup
<b>Vegetables</b>	Sweetcorn & Baked Beans 	Broccoli, Cauliflower & Carrots 	Seasonal Greens, Carrots & Salad 	Broccoli, Sweetcorn & Coleslaw 	Garden Peas & Baked Beans 
<b>Sandwiches</b>	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham				
<b>Baked Jacket Potatoes</b>	Jacket Potato with Beans <sup>VG</sup> Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Cheesy Beans, Tuna Mayo or Cheese 	Jacket Potato with Beans <sup>VG</sup> Cheesy Beans, Tuna Mayo or Cheese 
<b>Dessert</b>	Chocolate Cookie <sup>VG</sup>	Pineapple Upside Down Cake & Custard 	Orange Jelly <sup>VG</sup>	Chocolate & Apple Cake 	Iced Sponge Cake

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.