Prayer Policy for St Peter's Catholic Primary School

Our Mission Statement:

St. Peter's Catholic Primary School is at the heart of a Christ-centred community where every person's uniqueness is celebrated with joy, and is truly valued.
We foster caring, supportive relationships based on mutual respect and love.
We embrace the different communities to which we all belong – home, school and parish, as well as our local, national and global families.
When we welcome the child, we welcome the family.
We strive for excellence in all we do, to be the very best that we can be.

"Teaching the young how to pray, and not simply requiring them to pray at set times and on certain occasions is both profoundly educational and spiritually invigorating. It is the most direct and positive way to help the young discover their inner selves and begin a lifelong process of growth." Cardinal Basil Hulme

Words of Prayer

At St Peter's School, we aim to provide children with the language of prayer, i.e. praising, thanking, asking, saying sorry, meditation and quiet reflection.

Formal Words for Prayer

Children become familiar with prayers by:

- Joining in with class prayers and Collective Worship.
- Singing hymns.
- Joining in with the Penitential Rite, Bidding Prayers, responses and Eucharistic Prayers in whole school masses.
- Making up their own prayers for class Masses and Collective Worship.
- Valuing the time given in class for their own quiet reflection.
- Joining the school and parish family by saying the Rosary and Stations of the Cross before school during Lent, and in the month of October.

Children can be introduced to the gestures of prayers by:

- Making the Sign of the Cross.
- Genuflecting.
- Crossing their heads, lips and heart in preparation to receive the Gospel
- Bowing their heads.
- Joining their hands.
- Holding and shaking hands.
- Carrying out gesture or sign language to reflect the words of a prayer

Opportunities for quiet, reflective prayer and stilling exercises will be given where possible or appropriate. The children have opportunity to go and pray at morning break.

Prayers that the Children Know.

We all have our own favourite prayers that we say with our classes. By the time the children reach Y6, they will have been introduced to a variety of different prayers and have the experience of personal and spontaneous prayer. Children will have begun to have responsibility for preparing liturgies.

<u>Traditional and Contemporary Prayers to Which the Children Have Been</u> Introduced

Our Father Hail Mary Glory Be The Sign of the Cross Grace Before Meals – a prayer die or card may be used Prayer to welcome new babies Eternal Rest School morning offering and goodnight prayer Responses: St. Peter *pray for us*, In the love *of God and Neighbour* The Angelus

Simple Responses with which the Children are Familiar

The Lord be with you... And with your spirit Lord hear us.... Lord graciously hear us Lord, in your mercy ... hear our prayer Lord, we are sorry. Parts of the Gloria. The Sign of Peace. Eucharistic prayers for children. Phrases from the psalms. Simple act of contrition (sorry prayer) Simple examination of conscience. Lunch time prayer

Places for Prayer

Classroom, hall, church, chapel, bedroom, anywhere and everywhere.

Grace Before Meals

For health and strength and daily food, we praise your name, O Lord.

Morning Prayer

Father in heaven I give you today, all that I think and do and say. I give you the good times as well as the bad, the times when I'm happy, the times when I'm sad. Fill me with grace and make me strong, with you by my side I won't go wrong.

Evening Prayer

God our Father, I come to say thank you for your love today I thank you for my family and all the friends you give to me Guard me in the dark of night and in the morning send your light.

Eternal Rest

Eternal rest, give unto him/her/them O Lord, and let perpetual light shine upon him/her/them. May they rest in peace, Amen.

Glory Be

Glory be to the Father and to the Son and to the Holy Spirit, As it was in the beginning, is now and ever shall be, World without end.

Mrs S Sibson in consultation with staff – May, 2022 Review - May, 2025