# Free school meals for all children in reception, year 1 & 2

All children in reception and years 1 and 2 are entitled to free meals as part of the Government's new Universal Infant Free School Meal. This is worth up to £418 per year per child - please talk to your child's school for more details.

# Can I claim free school meals for my older children?

yes! If you receive specific benefits or have a household income below the Government threshold, register your entitlement on the Government website. A full list of free school meal entitlement can be found at: www.gov.uk/apply-free-school-meals

#### Special diets and allergies

Any pupil that has a special dietary requirements or with a medically diagnosed food intolerance or allergy, please contact your school admin office immediately. It is our policy to provide a catering service for all pupils with medically-diagnosed food allergies, food intolerances or a medical condition which affects their eating.

#### **Food miles...**

We are actively reducing our carbon footprint and we are proud to be using local suppliers to cut down on our food miles. We always consider where the food we put on the plates comes from and how it was produced.



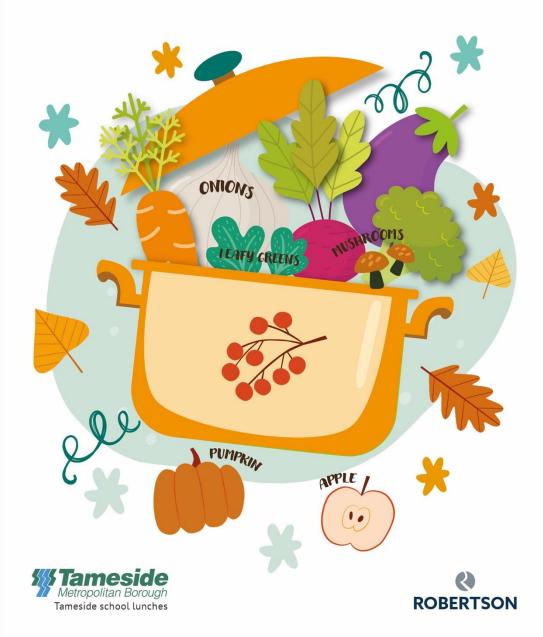
### **Special theme days**

Look out for our special menus throughout the year, multi-cultural celebrations, national days and events, and menus to link in with the curriculum.



# Feeding our future

**Autumn and winter menus 2024** 



We are committed to educating, promoting and encouraging the benefits of a healthy, nutritious balanced diet now and the future.

The UK School Foods Standards covers all food served within the school day. All our meals are freshly prepared on site daily by our dedicated catering team.

#### Week 1



#### Monday

Turkey burger
Quorn Katsu curry
Sandwich of the day
Jacket potato with choice of filling
Assorted muffins
Fresh fruit, yogurt
Creamed potatoes, rice,
carrots, sweetcorn

#### Tuesday

Homemade pasta bolognaise
Pizza choice of the day
Sandwich of the day
Jacket potato with choice of filling
Ice cream
Fresh fruit, cheese and biscuits, yogurt
Baked wedges, pasta, carrots and
broccoli

#### Wednesday

Roast chicken with stuffing and gravy
Quorn sausage with BBQ sauce
Sandwich of the day
Jacket potato with choice of filling
Fruit crumble and custard
Fresh fruit, yogurt
Creamed potato, half jacket, baked
beans. cauliflower

#### Thursday

Chicken katsu curry
Cheese whirl
Sandwich of the day
Jacket potato with choice of filling
Rice pudding with fruit
Fresh fruit, cheese and biscuits, yogurt
New potatoes, rice, carrots, sweetcorn

#### **Friday**

Fish Friday
Vegetarian sausage roll
Sandwich of the day
Jacket potato with choice of filling
Flapjack
Fresh fruit, yogurt
Chips, pasta, sweetcorn, baked beans

#### Week 2



#### Monday

Potato hash
Vegetarian meatballs with sauce
Sandwich of the day
Jacket potato with choice of filling
Chocolate ice cream
Fresh fruit, yogurt
Mashed potatoes, noodles,
sweetcorn, carrots

#### Tuesday

Chicken katsu curry
Tomato and herb pasta
Sandwich of the day
Jacket potato with choice of filling
Assorted muffins
Fresh fruit, cheese and biscuits, yogurt
Boiled rice, half jacket sweetcorn,
broccoli

#### Wednesday

Roast Beef with gravy
Quorn Korma
Sandwich of the day
Jacket potato with choice of filling
Jelly and fruit
Fresh fruit, yogurt
Creamed potatoes, savoury rice,
carrots and cauliflower

#### Thursday

Homemade meat pie
Vegetarian sausage
Sandwich of the day
Jacket potato with choice of filling
Rice pudding
Fresh fruit, yogurt
Creamed potatoes, baked wedges,
sweetcorn, broccoli

#### **Friday**

Fish Friday
Cheese whirl
Sandwich of the day
Jacket potato with choice of filling
Ice cream with fruit
Fresh fruit, cheese and biscuits,
yogurt
Chips, pasta, carrots, beans

### Week 3



#### **Monday**

Spaghetti bolognaise
Quorn sausage with gravy
Sandwich of the day
Jacket potato with choice of filling
Homemade biscuit
Fresh fruit, yogurt
Creamed potatoes, pasta,
broccoli, sweetcorn

#### Tuesday

Chicken curry
Omelette
Sandwich of the day
Jacket potato with choice of filling
Jelly and fruit
Fresh fruit, yogurt
Half jacket potato, boiled rice, carrots
and broccoli

#### Wednesday

Roast turkey with gravy
Homemade cheese flan
Sandwich of the day
Jacket potato with choice of filling
Assorted muffins
Fresh fruit, cheese and biscuits, yogurt
Creamed potatoes, new potatoes,
carrots, baked beans

## Thursday Mince and dumplings

Cheese and tomato pizza
Sandwich of the day
Jacket potato with choice of filling
Flapjack
Fresh fruit, cheese and biscuits, yogurt
Mashed potatoes, wedges, sweetcorn,
carrots

#### **Friday**

Fish Friday
Vegetarian sausage roll
Sandwich of the day
Jacket potato with choice of filling
Chocolate ice cream
Fresh fruit, yogurt
Chips pasta, caulflower, baked beans

**AVAILABLE DAILY** - Assorted yogurts, chopped fresh fruit, fresh wholemeal bread, salad pots and lots of fresh water. **ALLERGY ADVICE** - All our food is prepared in a kitchen where traces of nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. (V) Suitable for vegetarian or vegetarian option available. Our fish and chicken dishes may contain bones. All items on the menu are subject to availability and may be changed without prior notice to a suitable alternative.

\*Any **FISH** we serve will vary depending on availability. We only select **FISH** from sustainable sources.

