



# Parenting Drop In Sessions.

Coming to a Family Hub near you!



Parenting support  
from pregnancy to  
18 years



Dates, Times and places  
8.30 am to 12.00pm from September 2023

Monday's - Ridge Hill East Family Hub  
Wednesday - Hyde Flowery South Family Hub  
Thursday - Greenside West Family Hub  
Friday - St Peters North Family Hub



At the drop in sessions you can meet one of our parenting coordinators, who will talk you through the services we offer as a parenting team. They will tell you all about

- Parent support groups/courses
- Solihull and Riding the Rapids
- 1:1 confidential clinics
- Relevant advice and support
- support with self referrals for our parenting groups and signposting to our online courses.

Not able to make the drop in? Please contact us:  
[parentingreferrals@tameside.gov.uk](mailto:parentingreferrals@tameside.gov.uk)

If you are already accessing one of our groups please speak to your facilitator for support