

Year 5 Summer 2 PSHE - Relationships and Sex

Learning objectives PSHE Learning Intention	Key Vocabulary	Info																																				
<p>I know and understand that emotional relationships change as we grow and develop.</p> <p>I know and understand the physical changes in puberty.</p> <p>I know, understand and celebrate the joy of growing physically and spiritually.</p>	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%;">God</td> <td style="width: 33%;">Develop</td> <td style="width: 33%;">Womb</td> </tr> <tr> <td>Sensitivity</td> <td>Ovulation</td> <td>Cervix</td> </tr> <tr> <td>Change</td> <td>Biological</td> <td>Period</td> </tr> <tr> <td>Puberty</td> <td>Respect</td> <td>Penis</td> </tr> <tr> <td>Presence</td> <td>Reproduction</td> <td>Testicles</td> </tr> <tr> <td>Celebrate</td> <td>Menstrual Cycle</td> <td>Sperm</td> </tr> <tr> <td>External</td> <td>Hormones</td> <td></td> </tr> <tr> <td>Internal</td> <td>Pituitary Gland</td> <td></td> </tr> <tr> <td>Change</td> <td>Uterus</td> <td></td> </tr> <tr> <td></td> <td>Fertilised Ovum</td> <td></td> </tr> <tr> <td></td> <td>Fallopian Tube</td> <td></td> </tr> <tr> <td></td> <td>Vagina</td> <td></td> </tr> </table>	God	Develop	Womb	Sensitivity	Ovulation	Cervix	Change	Biological	Period	Puberty	Respect	Penis	Presence	Reproduction	Testicles	Celebrate	Menstrual Cycle	Sperm	External	Hormones		Internal	Pituitary Gland		Change	Uterus			Fertilised Ovum			Fallopian Tube			Vagina		<p>In this unit the children will be learning about how they grow and develop their awareness of the physical and emotional changes that accompany puberty - sensitivity, mood swings, anger, boredom etc. They will grow further in recognising God's presence in their daily lives.</p>
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Social and emotional development learning intention	Activities, books and songs																																					
<p>I know the stages of emotional development in childhood.</p> <p>I know the physical changes that take place during puberty and can relate them to my own body.</p> <p>I know how I grow physically and spiritually and come closer to God.</p>	<p><u>Books/DVD</u></p> <p>Changes</p> <p><u>Songs</u></p> <p>Take my hands (Hymn)</p> <p>The prayer of St Teresa of Avila</p> <p><u>Activities</u></p> <p>Create a poster about love and why we need these.</p> <p>Create a piece of art that depicts you flourishing in God's image.</p>																																					