Free school meals for all children in reception, year 1 & 2

All children in reception and years 1 and 2 are entitled to free meals as part of the Government's new Universal Infant Free School Meal. This is worth up to £418 per year per child - please talk to your child's school for more details.

Can I claim free school meals for my older children?

YES! If you receive specific benefits or have a household income below the Government threshold, register your entitlement on the Government website. A full list of free school meal entitlement can be found at:

www.gov.uk/apply-free-school-meals

Special diets and allergies

Any pupil that has a special dietary requirements or with a medically diagnosed food intolerance or allergy, please contact your school admin office immediately. It is our policy to provide a catering service for all pupils with medically-diagnosed food allergies, food intolerances or a medical condition which affects their eating.

Food miles...

We are actively reducing our carbon footprint and we are proud to be using local suppliers to cut down on our food miles. We always consider where the food we put on the plates comes from and how it was produced.



Special theme days

Look out for our special menus throughout the year, multi-cultural celebrations, national days and events, and menus to link in with the curriculum.







Feeding our future

Autumn and winter menus 2023



Autumn and winter 2023

We are committed to educating, promoting and encouraging the benefits of a healthy, nutritious balanced diet now and the future. The UK School Foods Standards covers all food served within the school day. All our meals are freshly prepared on site daily by our dedicated catering team.

Week 1



Mondau

Meatballs in gravy Vegetarian sausages Sandwich of the day Jacket potato with choice of filling Rice pudding with sultanas Fresh fruit, yogurt Creamed potatoes, pasta, cabbage, carrots

Tuesdau

Katsu chicken curry Cheese whirl Sandwich of the day Jacket potato with choice of filling Ice cream tub Fresh fruit, yogurt, cheese and biscuits Boiled rice, creamed potatoes, baked beans and sweetcorn

Wednesdau

Roast chicken and gravy Quorn bolognaise Sandwich of the day Jacket potato with choice of filling Fruit crumble and custard Fresh fruit, yogurt Baked new potatoes, pasta, broccoli and

Thursdau

Homemade meat pie Pizza choice Sandwich of the day Jacket potato with choice of filling Shortbread biscuit with orange wedge Fresh fruit, yogurt, cheese and biscuits Creamed potatoes, 1/2 baked jacket, sweetcorn, cauliflower

Fridau

Fish Friday Omelette Sandwich of the day Jacket potato with choice of filling Fruit muffin Fresh fruit, yogurt

Chips, pasta, carrots, baked beans

Week 2



Mondau

Sausages with Gravy Mediterranean pasta bake Sandwich of the day Jacket potato with choice of filling Ice cream Fresh fruit, yogurt, cheese and biscuits Creamed potato, 1/2 jacket, broccoli, carrots

Tuesdau

Chicken fillet **Quorn Korma** Sandwich of the day Jacket potato with choice of filling Raspberry bun Fresh fruit, yogurt Savoury rice, jacket wedges, sweetcorn, carrots

Wednesdau

Roast Turkey, stuffing and gravy Savoury Quorn mince with Yorkshire pudding Sandwich of the day Jacket potato with choice of filling Syrup sponge and custard Fresh fruit, yogurt New potatoes, creamed potatoes, spring cabbage and sweetcorn

Thursdau

Potato hash Homemade cheese flan Sandwich of the day Jacket potato with choice of filling Fruit jelly Fresh fruit, yogurt, cheese and biscuits Creamed potatoes, 1/2 jacket potato, broccoli, baked beans

Fridau

Fish Friday Vegetarian sausage roll Sandwich of the day Jacket potato with choice of filling Homemade biscuit with a slice of fruit Fresh fruit, yogurt Chips, new potatoes, cauliflower, beans

Week 3



Monday

Bolognaise Cheese and tomato pizza Sandwich of the day Jacket potato with choice of filling Ice cream Fresh fruit, yogurt, cheese and biscuits Pasta, diced herby potatoes, sweetcorn and broccoli

Tuesday

Turkey burger in a bun Katsu Ouorn curry Sandwich of the day Jacket potato with choice of filling Jelly and fruit Fresh fruit, yogurt Half jacket potato, boiled rice, carrots, baked

Wednesday

Roast beef with gravy and Yorkshire pudding BBQ glazed veggie sausage Sandwich of the day Jacket potato with choice of filling Sponge and custard Fresh fruit, yogurt New potatoes, mashed potatoes, cauliflower florets, carrots

Thursday Chicken Tikka

Cheese whirl Sandwich of the day Jacket potato with choice of filling Flapjack Fresh fruit, cheese and biscuits, yogurt Boiled rice, creamed potatoes, baked beans, sweetcorn

Friday

Fish Friday Omelette Sandwich of the day Jacket potato with choice of filling Arctic roll Fresh fruit, yogurt Chips, pasta, carrots, baked beans

AVAILABLE DAILY - Assorted vogurts, chopped fresh fruit, fresh wholemeal bread, salad pots and lots of fresh water, ALLERGY ADVICE - All our food is prepared in a kitchen where traces of nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering, Full allergen information is available from your school. (V) Suitable for vegetarian or vegetarian option available. Our fish and chicken dishes may contain bones. All items on the menu are subject to availability and may be changed without prior notice to a suitable alternative.

*Any FISH we serve will vary depending on availability. We only select FISH from sustainable sources.

