

THE TIGERS GROUP

Do you have a primary school aged child
struggling with anxiety?

Are they constantly worrying?

Are they getting headaches or stomach aches?

Do they sometimes not want to go to school?

Come and get support from a paediatric psychologist
with 25 years NHS experience.

To enquire about weekly group sessions for you and your child
run by the PHEW! organisation please contact us by e-mail
tgphew@gmail.com or visit our Facebook
page: [Facebook.com/phewifoundyou/](https://www.facebook.com/phewifoundyou/)



Physical Health and Emotional Wellbeing