

## Free school meals for all children in reception, year 1 & 2

All children in reception and years 1 and 2 are entitled to free meals as part of the Government's new Universal Infant Free School Meal. This is worth up to £418 per year per child - please talk to your child's school for more details.

## Special diets and allergies

Any pupil that has a special dietary requirements or with a medically diagnosed food intolerance or allergy, please contact your school admin office immediately. It is our policy to provide a catering service for all pupils with medically-diagnosed food allergies, food intolerances or a medical condition which affects their eating.

## Food miles...

We are actively reducing our carbon footprint and we are proud to be using local suppliers to cut down on our food miles. We always consider where the food we put on the plates comes from and how it was produced.



If you would like your child to start receiving a school meal, simply contact the main office at your child's school

## Can I claim free school meals for my older children?

**YES!** If you receive specific benefits or have a household income below the Government threshold, register your entitlement on the Government website. A full list of free school meal entitlement can be found at:

[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

## Special theme days

Look out for our special menus throughout the year, multi-cultural celebrations, national days and events, and menus to link in with the curriculum.



# Feeding our future

## Summer and autumn menus



# Summer & autumn 2022

We are committed to educating, promoting and encouraging the benefits of a healthy, nutritious balanced diet now and the future. The UK School Foods Standards covers all food served within the school day. All our meals are freshly prepared on site daily by our dedicated catering team.



Monday	Tuesday	Wednesday	Thursday	Friday
Oven baked sausage with gravy Vegetarian sausage with BBQ sauce Sandwich choice Jacket potato with choice of filling Ice cream Fresh fruit, yogurt Creamed potatoes, new potatoes, sweetcorn, baked beans	Homemade meat pie Quorn burger in a bun Sandwich choice Jacket potato with choice of filling Rice pudding with peaches Fresh fruit, yogurt ½ Jacket potato, creamed potatoes, carrots and green beans	Roast turkey with stuffing and gravy Cheese whirl Sandwich choice Jacket potato with choice of filling Banana muffin Fresh fruit, yogurt, cheese and biscuits Baked new potatoes, broccoli and cauliflower	Chicken in a bun Mediterranean penne pasta Sandwich choice Jacket potato with choice of filling Jelly with fruit Fresh fruit, yogurt Herby potatoes, pasta, sweetcorn	Fish Friday Homemade cheese and tomato pizza Sandwich choice Jacket potato with choice of filling Ginger biscuit with orange wedge Fresh fruit, yogurt, cheese and biscuits Chips, carrots, baked beans



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken pasta bake Quorn chilli Sandwich choice Jacket potato with choice of filling Fruit mousse with apple wedge Fresh fruit, yogurt Savoury rice, 1/2 baked potato, peas, carrots	Meatballs in tomato sauce Cheese flan Sandwich choice Jacket potato with choice of filling Jelly and fruit Fresh fruit, yogurt, cheese and biscuits Pasta, creamed potatoes, sweetcorn, baked beans	Roast Chicken with stuffing and gravy Quorn Korma Sandwich choice Jacket potato with choice of filling Chocolate and beetroot muffin Fresh fruit, yogurt Parsley potatoes, rice, carrots and peas	Homemade beef lasagne Vegetarian sausage roll Sandwich choice Jacket potato with choice of filling Lemon and sultana sponge with custard Fresh fruit, yogurt Creamed potatoes, broccoli, cauliflower	Fish Friday Omelette Sandwich choice Jacket potato with choice of filling Chocolate ice cream Fresh fruit, yogurt, cheese and biscuits Chips, new potatoes, sweetcorn, beans



Monday	Tuesday	Wednesday	Thursday	Friday
Potato hash Vegetarian sausage in a finger roll Sandwich choice Jacket potato with choice of filling Arctic roll Fresh fruit, yogurt Baked new potatoes, cauliflower, sweetcorn	Chicken tikka masala Homemade Margherita pizza Sandwich choice Jacket potato with choice of filling Shortbread biscuit with an orange wedge Fresh fruit, cheese and biscuits, yogurt Savoury rice, half baked potato, broccoli and peas	Roast beef, Yorkshire pudding and gravy Vegetarian meatballs with tomato sauce Sandwich choice Jacket potato with choice of filling Cornflake tart and custard Fresh fruit, yogurt Creamed potatoes, pasta, broccoli, carrots	BBQ glazed chicken Cheese whirl Sandwich choice Jacket potato with choice of filling Fruit flapjack Fresh fruit, cheese and biscuits, yogurt Half jacket potato, boiled potatoes, sweetcorn, baked beans	Fish Friday Quorn curry Sandwich choice Jacket potato with choice of filling Mandarin oranges and ice cream Fresh fruit, yogurt Chips, boiled rice, carrots, baked beans

**AVAILABLE DAILY** - Assorted yogurts, chopped fresh fruit, fresh wholemeal bread, salad pots and lots of fresh water. **ALLERGY ADVICE** - All our food is prepared in a kitchen where traces of nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. (V) Suitable for vegetarian or vegetarian option available. Our fish and chicken dishes may contain bones. All items on the menu are subject to availability and may be changed without prior notice to a suitable alternative.

\*Any FISH we serve will vary depending on availability. We only select FISH from sustainable sources.

