

FREE Online Course



Understanding pregnancy, labour, birth and your baby

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Access code for Tameside
residents: **SUNFLOWER**

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@heartofengland.nhs.net](mailto:solihull.approach-parenting@heartofengland.nhs.net)
Or call 0121 296 4448
Mon-Fri 9am-5pm



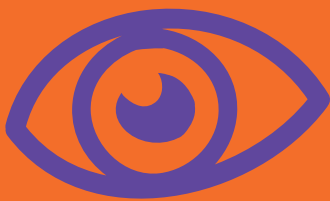
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A-Z

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A-Z

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Understanding your teenager's brain

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Understanding your child with additional needs

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'Would you like to
know what goes on in
your brain?' A course
just for teenagers!

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Understanding your child's mental health and wellbeing

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Understanding your child's feelings

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