

DANCE KNOWLEDGE ORGANISER - YEAR 1

OVERVIEW	KEY VOCABULARY
<p>In Year One, Dance is all about moving our bodies to music.</p> <p>We are starting to tune into different rhythms, explore space and consider how we can use our bodies to show ideas, moods, feelings, characters and stories.</p> <p>We begin by learning to copy and create actions in response to different ideas and themes.</p> <p>We learn the basic format of a dance class and understand expected behaviour.</p> <p>We dance as individuals, in small groups and as an ensemble.</p>	<p>Dance</p> <p>Movement</p> <p>Timing</p> <p>Counts</p> <p>Mirroring</p> <p>Shadowing</p> <p>Choreography</p> <p>Create</p> <p>Balance</p> <p>Control</p> <p>Confidence</p>

PHYSICAL		
Skill	Definition	How do I do this?
Actions	Moving the body to music.	<ul style="list-style-type: none"> • Copying my dance teacher during warm ups, cool downs, exercises and routines. • Examples of actions; clapping, clicking, stretching, jumping, crouching, shaking, twisting, and spinning. • Trying to use clear and confident actions, sometimes exaggerating & extending them to make ideas more obvious. • Start to tune in to rhythm and timing / counts whilst moving.
Reactions	Responding to the movements and actions of others.	<ul style="list-style-type: none"> • Understanding and performing the difference between mirroring and shadowing. • Understanding and performing simple 'call & response' movements / rhythms. • Working with partners and in small groups to create group choreographies.
Travelling	Moving from one place to another across the room.	<ul style="list-style-type: none"> • Show an understanding of direction and spacial orientation by running, skipping, hopping etc. along a different diagonals and doing corner work. • Moving at varying speeds in response to different pieces of music.
Balancing	Holding a position with control.	<ul style="list-style-type: none"> • By balancing on tip toes during exercises. • By performing movements on one leg, or taking weight in the hands.
Making Sequences	Putting movements and actions together.	<ul style="list-style-type: none"> • Learning dance routines, phrases and exercises from my dance teacher. • Creating short choreographic pieces of my own either as an individual, with a partner or in a small group.

COMMUNICATION & DECISION MAKING

Dance often requires working together. In Year One we are working on sharing our ideas and putting them together.

BUILDING CONFIDENCE

In Year One we begin to understand that with practice we can achieve more. It is okay in dance to not be perfect - the most important thing is to try.



RESPONDING TO FEEDBACK

Praise and constructive criticism are new things to learn about in Year One. We might need to change our ideas or practise something more to make our movement clearer.

CREATIVE THINKING

In Year One we are beginning to find our creative voice and experiment with creating movements & sequences of our own.