



## Free school meals for all children in reception, year 1 & 2

All children in reception and years 1 and 2 are entitled to free meals as part of the Government's new Universal Infant Free School Meal. This is worth up to £418 per year per child - please talk to your child's school for more details.

## Can I claim free school meals for my older children? Yes...

If you receive specific benefits or have a household income below the Government threshold, register your entitlement on the Government website. A full list of free school meal entitlement can be found at:

[WWW.GOV.UK/APPLY-FREE-SCHOOL-MEALS](http://WWW.GOV.UK/APPLY-FREE-SCHOOL-MEALS)

# Feeding Our Future

## Autumn and winter menus

## Special diets and allergies

Any pupil that has a special dietary requirements or with a medically diagnosed food intolerance or allergy, please contact your school

It is our policy to provide a catering service for all pupils with medically-diagnosed food allergies, food intolerances or a medical condition which affects their eating.

## Food miles...

We are actively reducing our carbon footprint and we are proud to be using local suppliers to cut down on our food miles. We always consider where the food we put on the plates comes from and how it was produced.



## Special Theme Days

Look out for our special menus throughout the year, multi-cultural celebrations, national days and events, and menus to link in with the curriculum.



# AUTUMN & WINTER MENUS

We are committed to educating, promoting and encouraging the benefits of a healthy, nutritious balanced diet now and the future. The UK School Foods Standards covers all food served within the school day. All our meals are freshly prepared on site daily by our dedicated catering team.

## MONDAY

Chicken tikka masala with rice or penne pasta in Tomato and quorn sauce (V)  
Green beans, sweetcorn  
Jacket potato with filling  
Triangle sandwich selection on wholemeal bread  
Chocolate fudge pudding

## TUESDAY

Braised sausages or BBQ quorn sausage (V)  
Creamed potatoes, spaghetti hoops, mixed veg  
Jacket potato with filling  
Triangle sandwich selection on wholemeal bread  
Fruit crumble & custard

## WEDNESDAY

Roast chicken or quorn & veg korma (V)  
Boiled potatoes, rice, peas & cauliflower  
Jacket potato with filling  
Triangle sandwich selection on wholemeal bread  
Melting moments

## THURSDAY

Potato hash or cheese & tomato pizza (V)  
New potatoes, sweetcorn & carrots  
Jacket potato with filling  
Triangle sandwich selection on wholemeal bread  
Jelly pot and mandarin segments

## FRIDAY

Fish fingers or macaroni cheese  
Chips, peas & baked beans  
Jacket potato with filling  
Triangle sandwich selection on wholemeal bread  
Banana cake & custard

## MONDAY

Spaghetti bolognese or cheese whirl (V)  
Creamed potatoes, roasted veg & carrots  
Jacket potato with filling  
Triangle sandwich selection on wholemeal bread  
Orange cake & custard

## TUESDAY

Cajun chicken or quorn lasagna (V)  
New potatoes, peas & sweetcorn  
Jacket potato with filling  
Triangle sandwich selection on wholemeal bread  
Cheese, crackers & sliced apple or rice pudding

## WEDNESDAY

Roast turkey or quorn curry (V)  
Roast potatoes, cauliflower & green beans  
Jacket potato with filling  
Triangle sandwich selection on wholemeal bread  
Carrot cake & custard

## THURSDAY

Beef burger in a bun or Mediterranean pasta bake (V)  
Mini baked potatoes, Mixed Veg  
Jacket potato with filling  
Triangle sandwich selection on wholemeal bread  
Pineapple upside down cake & Custard

## FRIDAY

Salmon nuggets or Vegetarian sausage roll (V)  
Chips, peas & baked beans  
Jacket potato with filling  
Triangle sandwich selection on wholemeal bread  
Fruit flapjack and apple wedge

## MONDAY

Beef meatballs in tomato sauce or cheese flan (V)  
Creamed potatoes, pasta, carrots, cabbage  
Jacket potato with filling  
Triangle sandwich selection on wholemeal bread  
Chocolate and beetroot muffin

## TUESDAY

Chicken stew or quorn bolognese bake (V)  
Crusty bread, mixed vegetables  
Jacket potato with filling  
Triangle sandwich selection on wholemeal bread  
Fruit pie & custard

## WEDNESDAY

Roast beef & Yorkshire pudding or quorn burger (V)  
Creamed potatoes, carrots, cabbage  
Jacket potato with filling  
Triangle sandwich selection on wholemeal bread  
Shortbread biscuit & orange wedge

## THURSDAY

Potato hash or quorn tikka massala (V)  
Boiled rice, broccoli & sweetcorn  
Jacket potato with filling  
Triangle sandwich selection on wholemeal bread  
Apple cake & custard

## FRIDAY

Crispy battered fish or quorn pizza wrap (V)  
Chips, peas, baked beans  
Jacket potato with filling  
Triangle sandwich selection on wholemeal bread  
Cherry oat crumble & custard

**AVAILABLE DAILY** - Assorted yogurts, chopped fresh fruit, fresh wholemeal bread, salad pots and lots of fresh water. **ALLERGY ADVICE** - All our food is prepared in a kitchen where traces of nuts, gluten and other ingredients are present and our menu descriptions do not include all ingredients. If you have an allergy, please let us know before ordering. Full allergen information is available from your school. (V) Suitable for vegetarian or vegetarian option available. Our fish and chicken dishes may contain bones. All items on the menu are subject to availability and may be changed without prior notice to a suitable alternative.

\*Any FISH we serve will vary depending on availability. We only select FISH from sustainable sources.

